SINCE 1958

END OF THE WEEK NEWSLETTER

Week 8 Christmas Term | October 30, 2026



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Our Mission- To provide an excellent English curriculum education whilst embracing Nigerian history and culture within a creative and motivating environment, developing life-long learners who will become global leaders.

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Welcome Address

BY THE HEAD OF SCHOOL

Dear Parents and Guardians,

Welcome back! I hope you had a good half-term break and enjoyed some quality time with your children. I had a good holiday myself, and it is lovely to have everyone back in school.

Even during the break, some of our students and staff were busy taking part in activities, and they have given us plenty to celebrate. From the Pan African Games to the Year 7 Integration Weekend and CITYMUN Lagos 2026, our students continued to make us proud.

At the Pan African Games, our Secondary School team won first place, earning Grange School a 10-seater bus! Our Primary School team also did their best, finishing fourth. A big thank you to our coaches and staff who supported the teams.

Our Year 9 and 10 students also achieved an excellent result at CITYMUN Lagos 2026, finishing second overall out of 12 schools. Four of our delegates were also elected to serve on the Secretariat for the next conference. Well done to all our students!

There is much more to enjoy in this week's newsletter, and I encourage you to take a few minutes to read about the many wonderful things our students have been doing.

The weather has been particularly hot lately, so please remind your children to drink plenty of water and avoid wearing sweaters to school. We are giving them more opportunities to drink water during the day. Our school nurse has also shared some helpful advice in this newsletter, which I encourage you to read.

Have a lovely weekend, and enjoy spending time with your children.
Warm regards,

Richard McMahon
Head of School



ANNOUNCEMENTS

Parent Consultation Meetings

Thank you to all parents who participated in the parent consultation meetings held this week. Parents who still need to speak with their children's teachers about any concerns should please book an appointment with them.

Staying Hydrated During the Heat Wave

The school is doing its best to encourage students to drink more water during this period of intense heat. We are also looking at other ways to encourage regular water intake and help our students stay hydrated throughout the school day.



FROM THE NURSES' CORNER:

STAYING HYDRATED AND PREVENTING DEHYDRATION

Our bodies need water to function properly. Hydration means drinking enough water and other fluids to keep the body healthy, especially during hot weather.

Why Is Water Important? Drinking enough water helps the body control its temperature, supports digestion, improves concentration, keeps the muscles working properly and helps us stay active and alert.

How Much Water Do Children Need? Children should drink water regularly throughout the day. They may need more when the weather is hot or when they take part in sports and other physical activities.

What is Dehydration? Dehydration happens when the body loses more fluid than it takes in. This can happen through sweating, vomiting, diarrhoea, fever and increased urination. Hot weather and vigorous activities can also increase the risk.

Signs of Dehydration: Some common signs to look out for include: Feeling thirsty, Headaches, Tiredness, Dry mouth, Difficulty concentrating, Constipation, Dark-coloured urine, Passing urine less often than usual.

How Can We Prevent Dehydration? There are simple ways to help children stay hydrated: Ensure they come to school every day with a filled water bottle. Encourage them to drink water regularly throughout the day, especially during hot weather and sports activities. Offer fruits with high water content, such as watermelon, oranges, pineapple and cucumber. Encourage them to take breaks and avoid prolonged exposure to direct sunlight.

A Message to Parents and Guardians: With the weather being particularly hot, we are encouraging our students to drink more water during the school day. We ask parents and guardians to support us by ensuring that their children come to school with filled water bottles every morning. Let us work together to keep our children healthy.

Thank you for your cooperation.

Warm regards,
Nurse Akinyemi

PAN AFRICAN SCHOOL GAMES

From Friday, 16 October, to Sunday, 18 October 2026, our Primary and Secondary School students took part in the second edition of the Pan-African School Games (PASG), featuring swimming, athletics and football.

I am pleased to share that Grange Secondary School emerged as the Overall Champions of the competition for the second consecutive year. Our Under-13 and Under-15 teams performed very well, securing first place in both swimming and athletics in their respective age categories.

As overall champions, the school was awarded a Mikano bus, making this achievement even more special.

Our Primary School Under-11 team also put in a good performance, finishing fourth overall.

Winning the championship for the second year in a row shows the hard work and dedication of our students and coaches. It also reminds us that our students can do well both in their studies and in sports.

Congratulations to all our athletes, coaches and the Sports Department. I also thank our staff members and parents for their support and encouragement throughout the competition.

Two editions, two championship titles! Well done, Grange!



PRIMARY




















Day 01













BUS PRESENTATION

















Praise Assembly

Today, Friday, 30 October, the Primary School held its Praise Assembly, centred on the school theme for the session, One School, Many Hearts.

The assembly reminded pupils that kindness begins with our thoughts, finds expression in our words and is ultimately demonstrated through our actions. It was an opportunity to reinforce the importance of showing kindness, care and respect to others in our school community. Pupils were also recognised for their efforts and positive behaviour, receiving certificates in six categories: Excellent Effort, Most Improved Handwriting, Kindness, Excellent Conduct, Outstanding Attitude to Work and Outstanding Performance. Congratulations to all our award recipients!













Inter-House Basketball Competition: Ogun House Wins!



Our Inter-House Basketball Competition was held on Thursday, 29 October, for pupils from Nursery to Year 6. The pupils took part with great energy and showed teamwork.

Ogun House emerged as the overall winner with 17 points, followed by Donga House with 7 points, Niger House with 6 points and Benue House with 4 points.

Congratulations to Ogun House and all our pupils and staff who made the competition a success.







Year 7 Integration Weekend: Building Friendships and Confidence

Our Year 7 students had a wonderful Integration Weekend filled with learning, fun and friendship. They took part in team-building activities, Python coding, career talks, painting, tie-and-dye, a fried-rice competition, a scavenger hunt and a fashion show.

With the support of staff and prefects, the students built new friendships, developed their confidence and learned the importance of teamwork, responsibility and service.

It was a memorable weekend that helped our Year 7 students feel more connected and strengthened their sense of belonging to the Grange community.







YEAR 7 INTEGRATION WEEKEND

















CITYMUN Lagos 2026: Grange School Shines!

Our Year 9 and 10 students made us proud at CITYMUN Lagos 2026, held at Golfview Hotel, Ikeja, from 21 to 23 October.

Among 12 participating schools, Grange School secured an impressive second place overall! Our students took part in debates, presented position papers, drafted resolutions and served as Committee Chairs and Rapporteurs.

Adding to this success, four of our delegates were elected to serve on the Secretariat for the next conference. This is a wonderful achievement and a reflection of our students' confidence, leadership and hard work. Well done to our delegates!





















Promoting Mental Well-being Ahead of Examinations

On Monday, our Year 11 students had a session on mental well-being with Dr. Folashade Umukoro, a Senior Registrar at the Department of Behavioural Medicine, LASUTH, Ikeja.

As they prepare for their examinations, she spoke to them about stress and anxiety and shared simple ways to manage these feelings.

The session was interactive, with students asking questions and receiving helpful answers.

It was a useful reminder that while preparing for examinations is important, taking care of our mental health is equally important.





YEAR 11 CHARITY T-SHIRT DAY

Our Year 11 students marked their Charity T-Shirt Day in blue and white T-shirts to raise awareness of Down syndrome and support a good cause. They also made generous contributions, demonstrating their commitment to kindness and inclusion. Special recognition goes to Jabirah Bada for initiating and leading this awareness campaign.

Songs such as Heal the World and The Greatest Love of All added to the occasion, reinforcing the importance of love, kindness and acceptance.

It was a meaningful day that reminded us of our shared responsibility to care for others and create an inclusive community where everyone feels valued.



YEAR 11 CHARITY T-SHIRT DAY

















SPARK CREATIVE WRITING WORKSHOP HOLDS TOMORROW

Tomorrow, we will hold our maiden Grange Creative Writing Workshop, themed SPARK: Write the Story We Can't Stop Reading. SPARK will bring our young writers together for a day of creative activities, storytelling and learning. Through films, pictures, games and group work, students will develop their writing skills, share ideas and discover their creativity with guidance from experienced writers.

The best entries will be published in a professionally produced anthology, with illustrations by our students. This will give our young writers the opportunity to see their work in print.

I am also pleased to share that two of our students, Jemima Talabi and Janella Omoroguiwa, won Bronze Awards in the latest edition of The Queen's Commonwealth Essay Competition. Congratulations to them!

I look forward to seeing what our young writers will create at SPARK.

GRANGE SCHOOL 1958
Continuous Improvement

SPARK

The Grange Creative Writing Workshop


THE QUEEN'S
COMMONWEALTH WRITING COMPETITION 2026

This is to certify that the Royal Commonwealth Society, on the recommendation of the judges, has awarded this certificate to:

Janella Omoroguiwa

BRONZE AWARD

Janet Cooper

Janet Cooper OBE

Chair, Royal Commonwealth Society

ROYAL COMMONWEALTH SOCIETY


THE QUEEN'S
COMMONWEALTH WRITING COMPETITION 2026

This is to certify that the Royal Commonwealth Society, on the recommendation of the judges, has awarded this certificate to:

Jemima Talabi

BRONZE AWARD

Janet Cooper

Janet Cooper OBE

Chair, Royal Commonwealth Society

ROYAL COMMONWEALTH SOCIETY

Building a Stronger Culture of Risk Management :

On Thursday, 29 October, some key members of our Operations team took part in a training session titled Understanding Risk in Everyday School Operations, designed for Heads of Units in the Operations Department. Managing risk is an important part of running a school. Our unit heads are involved in the day-to-day running of the school and are often the first to notice when something may go wrong. It is therefore important that they know how to identify possible risks, assess them and take action early. The training encouraged our staff to think ahead, take responsibility and deal with potential problems before they become bigger challenges. We will continue to support our staff with the knowledge and skills they need to keep our school safe and running smoothly.









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