END OF THE WEEK NEWSLETTER

Week 7 Christmas Term | October 16, 2026



CONTENT

- Welcome Address by the Head of School
- Important Notice
- Mental Health Assemblies
- Hair Guidelines
- Sports
- Staff

Our Mission- To provide an excellent English curriculum education whilst embracing Nigerian history and culture within a creative and motivating environment, developing life-long learners who will become global leaders.

Announcements
-Pg 3

Mental Health Assemblies
- Pg 4-6

Our Vision-To be the leading British International educational institution in Nigeria.

Hair Guidelines
- Pg 7-8

All International School Swim League – Season 3
Page 9

Staff Health Talk: Understanding Hypertension
- Pg 10

Welcome Address

BY THE HEAD OF SCHOOL

Dear Parents and Guardians,

We have come to the end of the first half of the term and are looking forward to a well-deserved half-term break next week. There is quite a lot happening, starting today and continuing into the half term break. From the Year 7 Integration Weekend to the Pan African Games and City MUN, our students have plenty to look forward to. We wish them wonderful experiences and look forward to celebrating their achievements, especially bringing home medals from the Pan African Games.

This week, our Primary and Secondary Schools held special assemblies to mark World Mental Health Day. The assemblies took place on Monday and Tuesday, 12 and 13 October, respectively, under the theme "Lived Experiences Heard: Real Voices, Real Change." Our operations staff also took part in a talk on hypertension, which highlighted the importance of monitoring their health and taking steps to stay healthy.

There are also important announcements in this newsletter, particularly the guidelines on students' hairstyles. Please take time to read them carefully to ensure that your child's hairstyle meets the school's expectations.

As we head into the half term break, I hope our students enjoy some time to rest, have fun and spend time with their families. We look forward to welcoming them back refreshed and ready for the second half of the term.

I will certainly be taking some time to rest, too.

Have a lovely half term break.

Warm regards,

Richard McMahon
Head of School



ANNOUNCEMENTS

Half Term Break

The school will be on half-term break from Monday, 19 October to Friday, 23 October 2026. School will reopen on Monday, 26 October 2026, at the usual time.

Pan African Games

Our students will be participating in the Pan African Games this weekend. We wish them the very best and look forward to celebrating their achievements. We hope they return with plenty of medals.

Year 7 Integration Weekend

Our Year 7 students will take part in their Integration Weekend this week. We hope they have an enjoyable experience, build lasting friendships and feel more connected to the secondary school community. Thank you, dear parents, for your continued support and partnership. We wish our Year 7 students a memorable and rewarding experience.

CITYMUN Conference

Grange School students from Years 9 and 10 will participate in the CITYMUN (City International Model United Nations) Conference from Wednesday, 21 to Friday, 23 October 2026, during the half-term break. Accompanied by staff, students will debate global issues, represent different countries and develop their public speaking, negotiation and leadership skills

Parents Consultation

A gentle reminder to sign up for the on-site consultation on Tuesday, 27 October. Kindly keep to your scheduled time and come along with your child. Thank you for your continued support.

MENTAL HEALTH ASSEMBLIES

The Secondary and Primary Schools held special assemblies on Monday and Tuesday, 13 October 2026, respectively, to mark World Mental Health Day. This year's theme was "Lived Experiences Heard: Real Voices, Real Change."

At the Secondary School assembly, Ms Titi Tade, Director of the Medical Social Services Department at Lagos University Teaching Hospital, Idi-Araba, spoke to students about mental health.

The Primary School assembly welcomed Dr. Toluwalope Asumah, an Educational Psychologist and Counsellor, who spoke to pupils about mental health and wellbeing.

The programme also featured a mental health poem by Rihanna Awosika and a saxophone performance by Akintimilehin Allen.

Both assemblies reminded students that mental health is as important as physical health. They also highlighted the importance of kindness, understanding and listening without judgement. At Grange, we continue to encourage our pupils to speak up, support one another and seek help when needed.



PRIMARY
















World Mental Health Day
2026
Lived Experiences
Heard:
Real Voices, Real Change
Listen
Support
Empower

SECONDARY

















HAIR GUIDELINES (PRIMARY)

GRANGE SCHOOL

A Culture of Continuous Improvement

GRANGE SCHOOL PRIMARY HAIR POLICY

Neat • Tidy • Ready to Learn

BOYS



Buzz Cut
Ne & Tidy



Low Fade
Classic & Even



Tapered •
• Very Low & Neat



Clean Tapered
• Tidy & Even



Close Cropped
• Neat



Clean Tapered
Tidy & Even



Close Cropped
Neat



Boys' Regular Cut

GIRLS



Cornrows
Navy Scrunchie / Ruffle
• Off Face



Tiny Single Braids
Blue/White Beads
Scrunchie / Ruffle • Off Face



One Million Twists
Packed Neatly
• Navy Scrunchie / Ruffle



One Million Twists
Pulled Back
Back-to-Back • Neat



Cornrows • Packed Back
• Scrunchie / Ruffle
Bun • Off Face



Double Cornrow Buns
• Neat & Secure •
• Navy Scrunchie / Ruffle



Tiny Braids
White Scrunchie /
• Off Face



Tiny Braids
Navy Scrunchie / Ruffle
• Off Face



Neat Plaits
White Scrunchie / Ruffle
• Two Ponytails



Two Long Ponytails •
Neat & Tidy •
White Scrunchie / Ruffle

**KS1: Blue/white beads or blue/white scrunchie permitted*

**KS2: beads not permitted- only blue/white scrunchie permitted*

Hair extensions are not permitted.

HAIR GUIDELINES (SECONDARY)

GRANGE SCHOOL

A Culture of Continuous Improvement

GRANGE SCHOOL | A Culture of Continuous Improvement

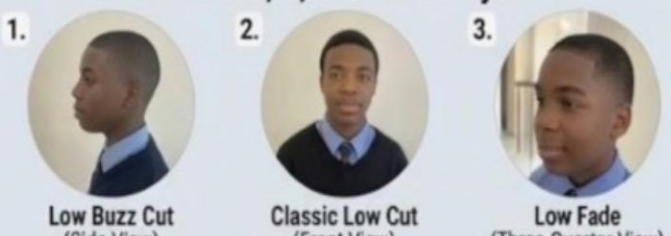
GRANGE SCHOOL SECONDARY HAIR POLICY

Year 11 Boys



1. Short & Tidy Crop – • Low Cut • Neat Edge • Off Face
2. Classic Taper Fade – • Tapered Sides • Even Top • Clean Line
3. Full Back View – • Short Back & Sides • Well-Groomed • Tidy
4. Short Straight Crop – • Tidy Side Parting • Off Collar & Face

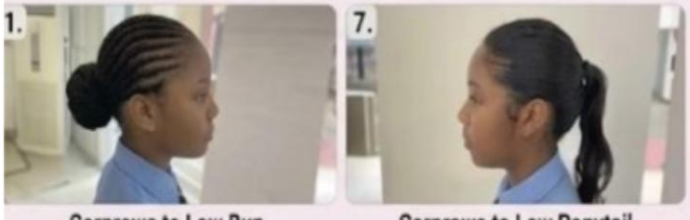
Year 7, 8, 9 and 10 Boys



1. Low Buzz Cut (Side View)
2. Classic Low Cut (Front View)
3. Low Fade (Three-Quarter View)
4. Clean Taper Cut (Front View)
5. Short Crop (Back View)
6. Classic Short Cut (Front View)

GIRLS

Year 11 Girls



1. Cornrows to Low Bun
2. Cornrows to Low Ponytail
3. Braided Updo
4. Braided Ponytail

Year 7, 8, 9 and 10 Girls (Without Extensions)



1. Side-Swept Cornrows
2. Neat All-Back Cornrows
3. High Ponytail / Braids
4. Twists to Low Ponytail
5. Cornrow Low Bun
6. Cornrow Low Ponytail

Secondary Hair Policy Guidelines:

- All students must maintain neat, tidy, and modest hairstyles[cite: 2].
- Hair must be kept clear of the face, eyes, and collar[cite: 3].
- Hair accessories (scrunchies/bands) must comply with school uniform colors (Navy / Black / White)[cite: 2].

ALL INTERNATIONAL SCHOOL SWIM LEAGUE

On Saturday, 10 October 2026, our swimmers took part in the All International School Swim League Season 3, First Leg Swimming Competition, which brought together swimmers from ten schools.

A team of 27 Grange swimmers represented the school and won 14 individual medals: two gold, seven silver and five bronze.

I congratulate all 27 swimmers on their performance and the effort they put into the competition. They represented Grange School well and showed determination and teamwork. We are proud of their achievements and look forward to seeing them do even better in future competitions.





















Staff Health Talk: Understanding Hypertension

On Wednesday, 14 October 2026, our school nurses, Nurses Adeosun and Akinyemi, gave a talk on hypertension to our operation staff.

The session focused on understanding high blood pressure, its possible causes and the importance of taking steps to maintain good health. The nurses highlighted the need for regular blood pressure checks, healthy eating and an active lifestyle. In between the talk, staff took part in some exercise, reinforcing the importance of physical activity in maintaining good health and managing blood pressure.

The session reminded everyone that taking care of our health is important and that small, consistent steps can go a long way in helping us stay healthy and well.









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